

## Tri-Panel Knee Immobiliser

### Indications

- To immobilise the knee.
- May be used following surgery, soft tissue injuries, and minor fractures in the knee region.

### Precautions

- If unusual swelling, skin discoloration or discomfort occurs, use should be discontinued and a healthcare professional consulted.
- Be careful that the support is not so tight that it interferes with circulation. Undertake circulatory observations post-product application.
- The tension of the straps should be slightly released when in resting position, or at night, to avoid circulatory or nerve compression problems.
- Ensure appropriate wound care procedures are undertaken prior to application over open wounds or infected areas

### Application

This immobiliser is to be fitted, initially, by a healthcare professional familiar with the purpose for which it is prescribed. The healthcare professional is responsible for providing guidance to the patient and his/her care providers.

1. Open the immobiliser. Position, and fasten, both panels with the hook Velcro, on the centre foam, in order to cover the circumference of the leg completely.
2. Position the foam around the leg, with the wider end proximal.
3. Shape both lateral and back stays in order to guarantee the perfect fit to the limb.
4. Centre the patellar opening over the knee
5. Fasten the straps across the front of the leg, starting with the top strap, then the bottom strap, and finally the middle straps.

### Care & Cleaning

Remove the stays from the pockets. Fasten closures and machine-wash at 30°C (delicate fabrics) or hand-wash with lukewarm water and mild soap. Rinse thoroughly. Do not wring. Dry at room temperature and be sure the foam is completely dry before re-applying it.